

Renewal is an adjustment to the truth. It doesn't change what truth is, it just transforms my mind to the truth.

I cannot be full of JOY while thinking sad thoughts.
I cannot experience the LOVE of God while thinking thoughts of rejection.

I cannot experience Peace while thinking anxious thoughts.
I cannot be BOLD while thinking shame.

As a Man thinks so is he.

And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

Romans 12:2

